





Support for growing up and becoming an adult

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Our asks

Our government is split into teams who look after different things like education, health, housing and the areas that we live in.



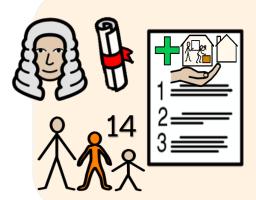
We are asking the people who lead these teams to:



1. Make a plan for transitions working between government departments (the teams that run the country), made with young people with SEND and families.



2. Keep young people at the heart of transition. Have an adult whose job it is to work with you to make sure you get the best care and support.



3. Change the law to say that at 14, people must start working together with you to plan the care and support for as you get older. This could include teams looking at health, education, housing and more.



Becoming an adult is an important time for all young people - thinking about your future should be exciting.



Planning late, not planning and not working together can make young people with SEND and their families feel worried or upset.





It can mean support stops



What OFSTED said



OFSTED looked at how local areas support young people to become adults and found problems like:

 Not enough places where young people can be supported to live



 Not telling people about the support that they could have



 Not having the right support to be part of the communities they live in



Health services stopping



OFSTED said that the team who look after education, and the team who look after health and care should:



 Work together to stop gaps in support for education, care and health



 Create a set of rules that says what different people must do to support young people as they are becoming adults. This should cover education, health and social care





What happens when young people aren't supported to become adults?

Sometimes the people who are supposed to help don't work together very well. Support can stop and that can be scary, hard and even unsafe.







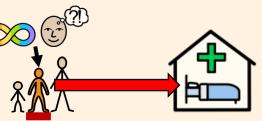
Sometimes when young people don't get the help they need, they end up having to live in places that are far away from their family.

This is bad for families and costs a lot too!

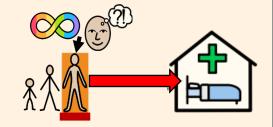


In September 2025 there were

230 children (under 18) who are autistic or have a learning disability living in a hospital.



405 young people (18-24 years) who are autistic or have a learning disability living in a hospital.



This shows us that **more young adults need extra support** to be safe and healthy



The cost is around **£1.2 million** for 1 autistic person/ person with a learning disability to live in a hospital





When young people went to a school that they lived at,

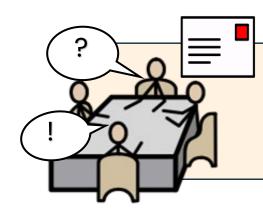
they often ended up being supported far away from their families when they leave school.



This is because they can't get the right support near to their families



Next steps



We would be happy to meet to talk about what we've said in this letter and to answer any questions you may have.