

# Communication Passport



# Communication

How you prefer to communicate (e.g. verbally, through writing, using technology).

Verbal communication methods you prefer to use:

Written communication methods you prefer to use:

Technology communication methods you prefer to use:

# Communication

Think about things that the reader needs to know so they can understand you and the way you communicate best.

What should an individual do to communicate with you?

## Please do:

Do you need extra time to think about what I've said?

Do you struggle with complex sentences?

Do you understand better with visual aids?

Do I need to confirm that you've understood what I've said?

Examples of things that help you communicate: do you like music? Art? Gestures? Objects of reference?

# Communication

Think about things that the reader needs to know so they can understand you and the way you communicate best.

What should an individual not do to communicate with you?

## Please don't:

Are there common mistakes people make when talking with you?

Do loud voices stress you out?

Or do you have trouble hearing?

Are you overwhelmed by multiple requests?

# Communication

Any other information that people might need to know about you?

Do you enjoy stories?

Do you like to mimic things or do you need help finding words to say?

Any tips about asking you questions?

Do you like or dislike eye contact?

Do you respond better to a particular pattern of questioning?

Do you have any habits that I should know about? For example, picking the last thing you've heard.

Are there any systems of communication that help you? Pictures? Sounds? Symbols? Keywords?

# Verbal Communication

Are there common expressions you use that do not mean what people might think they mean?

What I say:

What I mean:

# Verbal Communication

Are you sometimes very quiet or very chatty?  
Is there conditions that will cause you to be more unresponsive than usual?

What is usual for you?

Does the tone of people's voices affect you? Do you respond differently to high energy and low energy approaches?

How does the introduction of new people in the room affect you?

Are you easily distracted or is your focus so intense that you need help to see changes occurring?

Are there any telltale signs of things going wrong?  
Do you need reassurance at times?

# Social Cues & Body Language

Are there any social cues and body language you find challenging?

Social cues you find challenging

Body language you find challenging

Any other information?