

Healthy Lunchbox Ideas

Choose a main dish...



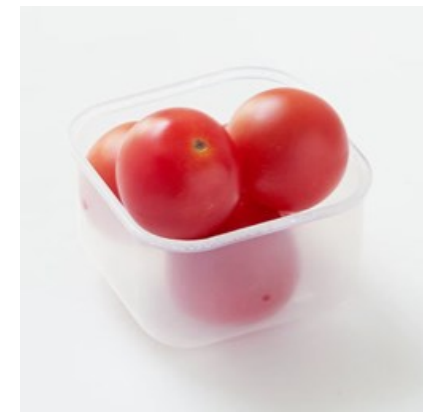
Soft cheese and salad sandwich



Tuna and bean salad



Banana



Cherry tomatoes



Hummus dip with pitta



Egg mayo and lettuce bap



Grapes



Carrot and cucumber sticks

Add a little something else...



Sugar free jelly



Malt loaf



Rice Cakes



Popcorn

And a drink!



200ml semi-skimmed milk



Fruit juice (no added sugar)



200ml water