

# Aiming High Newsletter

Welcome to the latest edition of Aiming High - This newsletter is for disabled children and their families in Hull and the professionals who work with them. The aim of this newsletter is to keep everyone up to date with our progress developing short break services for children and young people and the wider core offer in Aiming High for Disabled Children.

## Cycling Scheme

The Aiming High cycling scheme in East Park Hull has now been running since August 2009 and has seen a growth in membership. Over the past few months some very exciting things have happened...

The scheme won the first Sport England 'BBC Power to Sport' Award and even had television coverage via Look North regional news.

The scheme is due to be enhanced by the installation of a fully equipped changing place to meet the needs of anyone accessing the scheme that may require additional space. The unit will house a toilet, electric hoist, sink and adjustable changing plinth.

The DCSF (Department of Children, Schools and Families) have been extremely impressed with the innovative use of the Aiming High funding and the consultation that has taken place between disabled children, young people and parents around Aiming High Funds. This has led to the scheme featuring in a DCSF 'Good Practice' DVD.



Single £2.50

Family group £5.00

Carers free of charge

Phase 2 of the scheme is under way and a planning application for further development has been granted. The next few months are going to be very exciting; we will see a wider range of cycles, more storage, blue badge parking, and the fully equipped changing place. The whole area will also be fenced off and a help point button will be fitted to the cycle compound gates enabling members to not have to walk to the pavilion.

To try out the cycling scheme for yourself you will need to sign up as a member, this can be done on the day of your visit. To book the cycles contact East Park on 01482 331967 or [eastparkcycles@hullcc.gov.uk](mailto:eastparkcycles@hullcc.gov.uk)

## NEW SERVICE

### Parent Drop In

Michaela Marriott - Hull City Council Disability Information Officer will be available for a parent drop in service at The Carer's Centre on Prospect Street. Michaela will be there to deal with any enquiries you may have on the following dates:

**Monday 22nd March 10.30am to 11.30am**

**Monday 19th April 10.30am to 11.30am**

It is hoped that this service will continue after that on a monthly basis and if goes well then will be a fortnightly service.

#### Carers' Centre Hull

Unit 5, The Shirethorn Centre  
37-42 Prospect Street

HULL

HU2 8PX

Tel: 01482 225078

## Holiday Grant Scheme

Since October 2009 KIDS has been delivering the new Aiming High for Disabled Children Holiday Grant Scheme on behalf of Hull City Council. This Holiday Grant is available to families living in Hull. We have had great interest in the scheme and have already helped lots of families to access a holiday or a short break with the funding we have given them.

This scheme enables families of severely disabled children under the age of 18 to have a short break. The Aiming High for Disabled Children Holiday Grant Scheme is designed to be flexible to meet the needs of individual families. Grants are available for up to £370 and can be spent in a variety of ways including but not limited to:

- o A short break from caring for the parents/carers
- o A short break away for the whole family
- o To supplement an existing scheme
- o The provision of car hire or travel insurance

For further information:

Call KIDS on 01482 467540

or email [lecelle.dalby@kids.org.uk](mailto:lecelle.dalby@kids.org.uk)

"The best thing was that it was so quick and efficient"

"It enabled us to be together as a family away from the stresses and strains of home"

## The SCENE Group

The Aiming High SCENE group provides a recreational and social opportunity for individuals who have a range of high support needs. The development of the SCENE group enables and supports young people between the ages of 16 -19 years to access a range of individual and group activities. This facilitates keeping in touch with peers at school and making new friends with young people who may also be transferring into adult services.

The SCENE group runs directly after school/college on a Monday offering carers and young people an extended day. A weekend session runs on a Sunday between 10am and 4pm. The Scheme continues to run throughout school holidays and offers access to other supported activities that are run in partnership with adult services. This includes trips; outings horse riding, swimming, cycling, theatre, archery, gym and fitness sessions. Some of the young people attending the Monday evening group have joined a football training session that runs after the SCENE and are keen to become regular team members.



## Advocacy Service

### For Disabled Children and Young People

KIDS new project funded by Hull City Council offers an advocacy service to disabled children and young people aged 8-16 years. You will be able to access the service if you are looked after by the local authority, living in residential homes, accessing over night short breaks or attending residential school placements. The advocate will always listen to you and will work with you to ensure that no matter how complex your communication difficulties are, you are heard.

To find out more or to make a referral please contact:

Amy Leech

Children's Rights Caseworker

01482 467540

[a.leech@kids.org.uk](mailto:a.leech@kids.org.uk)

## Hulls First Changing Place

The first changing place funded by the Aiming High Capital money is now complete and will be officially opened in the near future. It is located in St Stephens Shopping centre, and will be accessible via Tesco's ground floor car park. The changing place has the following features:

- Toilet is situated in the center of the wall to allow a carer at each side of any person needing support
- An over head electric hoist
- An adjustable plinth that is also electric, and can be moved any place within the changing room

No 1

# KIDS Summer Play Scheme 2010

The KIDS Charity operate a Play Scheme over four weeks of the summer holidays, providing short breaks for disabled young people in the Hull area aged between 8 and 18.

Each young person receives one week on the play scheme, where they are supported by KIDS staff to access a range of exciting and stimulating activities such as; trips to the beach, horse riding, swimming, art and craft sessions, sports, bowling, trips to the park, rock climbing and ice skating.

The Play Scheme provides young people with the opportunity to socialise and make new friends as well as gaining some independence and access activities they may not otherwise be able to take part in. This service also provides parents and carers with a much needed break over the summer holiday.



For a Young person to access the KIDS summer play scheme a referral must be made through their disability team social worker. Contact KIDS to discuss a referral on 01482 467 540

here's some of the fun things we do !

## Autism

### Positive Perspectives for Parents and Carers

A conference for parents and carers of children and young people on the autistic spectrum is to be held on **March 24th** at the **Octagon Centre in Hull**. The conference will include Dean Beadle, a national speaker on autism and seminars exploring some of the very practical issues families face. There will also be stalls representing a wide range of services available in Hull, for children with autism and their families.

For further information or to book please contact:

Sue Wilson  
Kids Parent Participation Practitioner  
Tel: 01482 467 540  
Email: [sue.wilson@kids.org.uk](mailto:sue.wilson@kids.org.uk)

## Inclusive Play Project

The Inclusive Play Project supports young people aged 5-18 years who live in Hull and have disabilities to integrate into youth clubs or leisure groups. Previously the Inclusive Play Project worked with the young people to help them successfully attend groups unaccompanied by our staff. However it was identified that some children may require ongoing support in order to access community groups.

The Aiming High Funding will enhance the Inclusive Play Project managed by the Leisure and Freetime Support Service (**L.A.F.S.S**) by providing more staffing to support the needs of Hull's disabled children. **L.A.F.S.S** will provide the staffing needed to enable access, although any cost for the child to access the activity and any associated costs such as transport must be met by the family.

Funding is available for community groups to help with any additional expense incurred to make the group more accessible for disabled children. This funding can be used for such things as equipment or staff training. If you would like any further information about the Inclusive Play Project please contact **L.A.F.S.S** on 01482 300 300 or email [Lafss@hullcc.gov.uk](mailto:Lafss@hullcc.gov.uk)

# Disability Living Allowance (DLA)

Disability Living Allowance is a benefit for children who need help with personal care, it is also available to adults. It is the main source of financial support available to cover the additional costs of caring for a child with disabilities or additional needs. Your child may qualify for Disability Living Allowance if they have a learning disability or a physical disability. Disability Living Allowance has two components:

## Care and Mobility.

- Care** generally you can claim for the care component when your child is aged three months
- Mobility** this can be claimed when your child is aged three years and over

The amount you may be entitled to is assessed on an individual basis. Some may be entitled to one of the components, others may get both. These components are paid at different rates depending on how your disability affects you.

To find out more information or to get a claim pack for Disability Living Allowance contact your local job centre or call the Benefit Enquiry Line on 0800 88 22 00 (lines open Monday-Friday 8:30am – 6:30pm and Saturday 9:00am – 1:30pm). Applications can also be downloaded or completed online at [www.direct.gov.uk/Disability](http://www.direct.gov.uk/Disability)

## Contract Care Scheme

Are you interested in becoming a self employed carer?

Barnardo's Short Break and Fostering Service is starting an exciting new service called the Contract Care Scheme.

We are looking for people who wish to work full time from home offering care to children and young people who have an autistic spectrum condition. This care will be offered as regular short breaks both at weekends and during the week to give the children new experiences and their parents a break. Each carer will be matched with 4 or 5 young people who will get to know their carers and then visit at different times. This will be a new initiative and will require people who are also committed to becoming foster carers. Carers will be self employed and will receive a fee and regular training. You will need to have experience of working with disabled children. For a further discussion ring 01430 81 00 22

Barnardo's Registered Charity Nos 216250 and SC037605



Believe in children  
Barnardo's

## The Parents Forum

The parent's forum is a group of parents who regularly meet with senior managers from health, education and social care, to explore issues relating to disabled children, in order to inform future policy practice and development of services.

If you would like to be involved in any way please contact  
Sue Cawkwell  
KIDS  
182 Chanterlands Avenue  
Hull  
HU5 4DJ  
01482 467540

## Contact us

KIDS  
01482 467540  
[enquiries@kids.org.uk](mailto:enquiries@kids.org.uk)  
Registered Charity No 275936

Family Information Service  
01482 318318  
[fis@hullcc.gov.uk](mailto:fis@hullcc.gov.uk)

